

Saints Philip and James: Bedford

Our Parish Family: Cherishing the Past. Celebrating the Present. Embracing the Future.

Eighth Sunday in Ordinary Time - Year C

Psalter week 4

3rd March 2019

Parish Priest: Fr Wayne Coughlin

Deacons: Revv. Tony Quinlan, Crispin Walkling-Lea

Propers for Eighth Sunday in Ordinary Time

Entrance Antiphon

The Lord became my protector. He brought me out to a place of freedom; he saved me because He delighted in me.

Responsorial Psalm

It is good to give you thanks, O Lord.

Gospel Acclamation

Open our hearts, O Lord, to accept the words of your Son.

Communion Antiphon

I will sing to the Lord who has been bountiful with me, sing psalms to the name of the Lord Most High.

Or:

Behold, I am with you always, even to the end of the age, says the Lord.

Please continue to pray for the victims of sexual abuse

Prayer to St Michael the Archangel

St Michael the Archangel, defend us in battle.

Be our defense against the wickedness and snares of the Devil.

May God rebuke him, we humbly pray,

and do thou, O Prince of the heavenly hosts,

by the power of God, thrust into hell Satan,

and all the evil spirits, who prowl about the world

seeking the ruin of souls. Amen.

Confessions on Saturday:

Ss Philip & James: 10:00 - 10:30am

Holy Cross: 5:15 - 5:45pm

Confessions may also be heard by arrangement or in need at a reasonable time.

Baptisms: by arrangement. The next baptism preparation meeting is at Holy Cross, 7:30pm on Tuesday, 19th March with Deacon Tony.

Weddings: we require at least six months' notice and a Diocesan fee of £45.

Catholic Marriages in 2019: Those hoping to be married in either Church (and those who are to be married in another parish) should make contact with Fr Wayne and Deacon Crispin. You will be expected to participate in a (Pastoral Area wide) three-session marriage preparation course beginning in March (details: Deacon Crispin). It is necessary to meet with Fr Wayne in order to undertake the necessary paperwork and, where appropriate, to plan the liturgy.

How to ask for a Mass Intention: Email, telephone, write a letter, drop a note, beat a path to the Presbytery door or send a carrier pigeon *✉* to Maria Quinlan, Parish Secretary at P&J. An offering is fine; it is used for the mission of the parish.

The Roman Catholic **Hospital Chaplain** at South Wing Hospital is Fr Nathaniel Onwuekwe. If you or a loved one are admitted and in need of sacramental care, you may contact him at St Joseph's Presbytery. 'Phone number: 01234 352569. Fr Nathaniel will visit the hospital each Friday where he will celebrate Mass in the chapel at 12:15pm before undertaking sacramental visits.

Mass Intentions and Services

PJ - Ss Philip and James HC - Holy Cross SJR - St John Rigby

Sat 2 Mar

6:00pm HC

Our Lady on Saturday

Eileen Barron, RIP

Sun 3 Mar

8:00am PJ

9:15am HC

11:00am PJ

Eighth Sunday in Ordinary Time

Freddie, Tomi, Bella-Rose and Kaleb

Bill Ryan, RIP

Mass for the Parish (Missa pro Populo)

Mon 4 Mar

9:30am PJ

Feria

Service of Word and Holy Communion

after Liturgy - **Adoration and Benediction**

Funeral Anna Marie Keesham, RIP

12:00pm HC

Tue 5 Mar

9:30am HC

Feria

Monica and William Pattin

Shrove Tuesday Pancakes - courtesy of Kath Goodwin

Wed 6 Mar

9:30am PJ

Ash Wednesday

S Lipina in Thanksgiving

Followed by Confession until 11:00am

Stations of the Cross followed by Imposition of Ashes

Confession at HC from 6:30pm precedes Mass at 7:30pm

Holy Souls

7:30pm HC

Thu 7 Mar

9:30am HC

Ss Perpetua and Felicity, Virgin Martyrs - Memorial

John Morgan, RIP

Fri 8 Mar

9:30am HC

Feria

Riley Family

after Mass - **Stations of the Cross**

Stations of the Cross - led by Michael Harrington

7:30pm PJ

Sat 9 Mar

9:30am PJ

6:00pm HC

Saturday in Lent

Simone and Charles, our Newsletter editors

Mass for the Parish (Missa pro Populo)

Sun 10 Mar

8:00am PJ

9:15am HC

11:00am PJ

First Sunday of Lent

CAFOD Lent Fast Day

David Irwin

All who recently retired from liturgical or pastoral roles

Noel O'Hanlon

Morning Prayer: before the morning daily Mass or Liturgy; Monday to Saturday.

Exposition of the Blessed Sacrament, followed by Benediction after Mass, or Liturgy of the Word and Holy Communion, takes place only on Mondays, and for one hour, during Lent. On Fridays there will be **Stations of the Cross**.

Please pray for the repose of the soul of **Anna Marie Keeshan, RIP**, whose Funeral Mass is to be celebrated on Monday, 4th March in HC at 12:00noon.

Please pray for the repose of the soul of **Anthony Morrish**, whose Requiem Mass will be held at PJ on Wednesday, 13th March at 11.30am. *Jesu Mercy, Mary Pray.* **St Josemaría Escrivá:** Pray for those who mourn/grieve at this time.

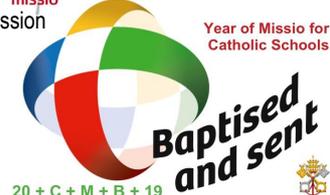
Fr Wayne Coughlin: The Presbytery, 2 Severn Way, Bedford MK41 7BX. Tel: (01234) 352607; parishpriestbedford@gmail.com

Fr Wayne is the Diocesan Director of Missio. Missio is the Pope's official charity for overseas mission and is part of the worldwide network of Pontifical Mission Societies.

MISSIO

Christus Mansionem Benedicat

Year of Missio for Catholic Schools



20 + C + M + B + 19

Rev. Tony Quinlan: Tel: (01234) 950453; tonyquinlan15@gmail.com

Rev. Crispin Walkling-Lea: Tel: 07941 884645; deaconcrispin@virginmedia.com

Any items for the Newsletter to the editor please. Tel: 07986 357320; charlie.stallard@gmail.com

Website is: www.sspandjbedford.org.uk and the Webmasters are Liz & Fleur Budek; info@sspandjbedford.org.uk

Parish Secretary Holy Cross, Mrs Sheila Allen (Tue & Thu): Tel: (01234) 353116; holycrosschurch896@btconnect.com

Parish Secretary Ss Philip & James, Mrs Maria Quinlan (Monday 4th Mar: 10am-2pm) Tel: (01234) 352607; sspandjparishsecretary@gmail.com



Lent 2019

(in brief)



LENT

Do you use the season of Lent to bring yourself closer to Jesus?

We are encouraged to grow in intimate friendship with the Lord and experience a true conversion of the heart (to become, the best-version of ourselves). Our Lord is waiting for us to approach Him this Lent. **Will you accept His invitation?**

Episcopal Exhortation

In the latest letter Bishop Peter sent to the Clergy and Religious of the Diocese, he has asked that in Lent we “*help everyone to embrace this season of grace positively in prayer, fasting and almsgiving.*” Do look at the liturgical calendar to see how you might respond to this episcopal exhortation.

Kathy Goodwin will be serving **Pancakes** after Mass on Shrove Tuesday and all are welcome to come and ‘feast’ before the ‘fast’ of Lent. **PANCAKES!!!!**

Ash Wednesday (6th March)

- MASS at 9:30am, PJ, followed by Confession (until 11:00am).
- Stations of the Cross at midday, PJ, with Imposition of Ash.
- MASS at 7:30pm, HC, with a prior Confession from 6:30pm.

Ecumenical Lent Course Launch (7th March)

- Come and be part of the launch of the combined Lent Course - 1:30pm in PJ.

Holy Hour - to pray for young people.

- 17th March at 4:00pm, HC. Sacrament of Confession, with two Priests available.

Retreat Day (23rd March) at HC, organised by the SVP and open to everyone. With sacrament of Confession.

During Lent

Adoration of the Most Blessed Sacrament (each Monday).

- 10:00am until 11:00am, PJ.
- Stations of the Cross (each Friday).
- 10:00am, HC, led by the clergy.
- 7:30pm, PJ. Led by: 8th, Mike Harrington; 15th, Ann Cawley; 22nd, HC Church cleaners; 29th March, Pam Kenworthy - SVP; and 5th, Mike Harrington and, 12th April, Ann Cawley.

As last year the various liturgical roles and tasks for the **Sacred Triduum of Maundy Thursday, Good Friday and Holy Saturday** will be shared by people from both our churches. This is a visible witness of our union in Jesus Christ and the spiritual friendship and unity that exists between both parts of our parish family.

Maundy Thursday (18th April)

- Mass of the Lord’s Supper at 7:30pm, PJ. “Watch” ends with Compline at 10pm.

Good Friday (19th April)

- Children’s Stations of the Cross at 10:00am, HC.
- Interactive Stations of the Cross for the whole family at 12:00noon, PJ.
- Solemn Liturgy of the Day at 3:00pm, PJ.
- Mary’s Way of the Cross at 7:30pm, HC.

Holy Saturday (20th April)

- **Easter Vigil and First Mass of Easter** at 8:00pm, PJ.

Ash Wednesday and Good Friday: Abstinence and Fasting

Ash Wednesday and Good Friday are days of Abstinence and Fasting. Canon Law of the Church reminds us that all of Christ’s faithful are obliged to do penance. The obligation arises in imitation of Christ Himself and in response to His call. During his life on earth, not least in His public ministry Our Lord undertook voluntary penance. He invited His followers to do the same. Penance is a participation in Christ’s own suffering; it is an expression of inner conversion and a form of reparation for our sinfulness. It is a personal sacrifice made out of love for God and our neighbour. In 2011 the Bishops of England and Wales re-established the moral obligation and law for all Catholics to abstain from eating meat on every Friday of the year (except when a Solemnity). This is commonly called Abstinence and is the normative practice of the universal Church when together we recall the Crucifixion of Our Lord. Our Bishops gave three reasons for restoring this ancient practice: (1) By us all undertaking the same penance we affirm our corporate Catholic identity. (2) We offer a “common witness” to our Catholic Faith and to the value of self-denial which is always in union with Christ on the Holy Cross. (3) Help increase our awareness of each Friday (as a mini Good Friday) as being a day of penance. In this regard abstaining from meat is the minimum we are called to undertake. The law of Abstinence is binding upon all Catholics who are aged fourteen (14) years and older. Fasting is where we greatly reduce the amount of food we eat. The law and moral obligation of Fasting is binding upon all Catholics who are eighteen (18) years old and ends on one’s fifty-ninth birthday.

Last call to return your Palm Crosses from last (or previous) year/s so that these may be burned and turned into ash for Ash Wednesday.

Vocations to the Priesthood - weekend of discernment

Northampton Diocese will be hosting a weekend for those men considering the Vocation to the Priesthood. This will be held at the Cathedral from Friday, 22nd March – Sunday, 24th March. If you are interested please contact the Cathedral Parish Office on 01604 714556 or speak with Fr Wayne.

TO LOVE AND SERVE THE LORD - YOUR CHURCH NEEDS YOU

Planning for the Future: volunteering and volunteers in our parish family

Last weekend there was a presentation towards the end of each Mass which focused on the subtitle of our diocesan pilot project: “Planning for the Future: volunteering and volunteers in our parish family”. You may have been surprised to learn that we have over 50 groups across our parishes and a number of these invaluable groups are shared by our two parishes. We need to be able to maintain, support and grow these groups in addition to launching new groups to provide for our diverse and growing parish family. Our overall aim is to enable every person who attends a Sunday Mass to participate more fully in the life of our parish family. To help you decide which of the parish groups you might like to support, we have produced a volunteer profile pack, copies of which can be found at the back of the church. These provide information about the groups currently in our parish and explain the roles on offer, expected time commitment, benefits, training/support provided and any skills that might be beneficial to the role. There is also a slip for you to complete if you would like more information about one or more of the groups. Take a look, take a pack home and then make your choice. Please put completed slips in the marked box at the back of church. If you would like to talk to one of the team who presented last weekend, then please speak to either **Kathy Goodwin, George Tasker or Joan Kedward**.

To Love and Serve the Lord - Come and Sing Choir Practice 11:00am Mass

There are two choirs; (Come and Sing) the 11:00am Mass Choir and the Second Collection Music Group (which sings on the first Sunday of the month). If you want to exercise your vocal chords, stretch your lungs and treat us all to your beautiful Mezzo or Tenor on a **regular** basis; **Come and Sing** practices Tuesdays at 6.30pm in the church. **Go on, join them, join in; you know it makes sense.**

Catholic Bedford: Future Planning

New initiatives? Celebrations? Resource sharing? Mass-time changes? How can we build on the Proclaim initiative? Do you have ideas about how Catholic mission in Bedford can grow? Bp Peter is aware of the heavy workload on our priests and has asked us all to work together to plan for the future. You are invited to write down your ideas briefly and post them in the suggestion box at the back of the church. They will all be passed to the **Bedford Pastoral Area Council**. The Council is working on a proposal about where we go from here, balancing increasing demands on our priests with the spiritual needs of our town’s Catholic community. We are very grateful for your contributions – they are very important in this discussion. **Suggestion boxes are available until Sunday, 17th March.**

Ecumenical Lent Course

The weekly gathering will be based around the book ‘**Rediscover Jesus**’ by Matthew Kelly. Meetings at 1:30pm on Thursdays: 14th, 21st and 28th March, and 4th and 11th April in the PJ Parish Room. Wednesday evening sessions will be held at Priory Methodist Chapel. The course concludes with a “Bring and Share” supper (5:00pm) and café-style worship (6:00pm) on Sunday, 28th April at Priory Methodist Chapel. A book-reading guide, which can be taken home, details of other ecumenical events during Lent, and a poster about the Lent Course may be found in the narthex.

Bedford Foodbank

Many thanks for your continued support. Shortages: UHT Fruit Juice, UHT Milk, Tinned Rice Pudding, Tinned Spaghetti Hoops, Tinned Vegetables, Tinned Fruit, Deodorant, Shampoo, Toothpaste and Toothbrushes. Boxes in the Parish Room.

Church Repository

Please have a look at the repository (shop) and the new items that have arrived, including cards for Easter. Wonderfully, the money made from sales supports the training of a Priest through the work of Missio. See Bernadette Skipper after the 11:00am Mass.

Ahem *coughs*... Can those who borrowed **Jesse Tree** and **Advent** resource books please return them to the narthex? Thank you.

Maria Quinlan, **Parish Secretary**, will be in the Presbytery on Monday 4th March and away for Wednesday, 6th March, returning Wednesday, 13th March.